

CLASS TIMETABLE



TIME	MON	TUES	WED	THURS	FRI	SAT
5:00 am	KARMIC	KARMIC	KARMIC	CAPACITY	KARMIC	
5:30 am	KARMIC	KARMIC	KARMIC	CAPACITY	KARMIC	
6:00 am	KARMIC	KARMIC	KARMIC	CAPACITY	KARMIC	OPEN GYM
7:00 am	KARMIC	KARMIC	KARMIC	CAPACITY	KARMIC	WEIGHT LIFTING
7:30 am	KARMIC	KARMIC	KARMIC		KARMIC	WEIGHT LIFTING
8:00 am						
8:30 am	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM	KARMIC
10:30 am						
3:30 pm						
4:00 pm	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	CAPACITY	OPEN GYM
5:00 pm	KARMIC	KARMIC	KARMIC	CAPACITY	KARMIC	
6:00 pm	WEIGHT LIFTING	WEIGHT LIFTING	GYMNASTICS			
7:00 pm						